

# Home Regimen

Name: \_\_\_\_\_

Recommended by: \_\_\_\_\_

Date: \_\_\_\_\_ Phone: \_\_\_\_\_

STEP	PRODUCT	AM PM		INSTRUCTIONS
		CIRCLE		
1	Fresh Eyes	x	x	Apply a few drops around the eye area. Remove with damp cotton pad.
2	Cleanser / Wash <sup>5</sup>	x	x	Massage a nickel size amount into <u>wet</u> skin, rinse with warm water.
3	Triple Action Organic Scrub		x	With fingertips, work a dime size amount with water or wash into a soft paste. Gently massage into skin and rinse with lukewarm water (professional recommendation required). Tingling may occur.
4	Recovery	x	x	Apply liberally all over face and neck. Use for post-sun exposure, peels, waxing or any other redness.
5	Irritation Relief Complex	x	x	Apply thin layer to face & neck, allow to sit for 1 to 2 minutes. Avoid eye area.
6	Aromasol Mist	x	x	Shake well. Mist onto face/body as needed.
7	Seaweed Liposome Gel	x	x	Apply 1 pump onto face and neck. Avoid eye area.
8	Deep Pore Clarifying Serum	x	x	Apply morning and/or night to affected areas.
9	Complexion Corrector <sup>2,4</sup>		x	Apply 1/2 pump to affected areas or all over. To be used every <u>other</u> night maximum. Must use MV SPF30.
10	Retinol Renewal Serum <sup>2</sup>	x	<b>or</b> x	Apply 1/2 pump to entire face and neck (as needed).
11	BB Oil	x	x	Apply 2 or more drops onto face and neck.
12	Cellular Patch Cream <sup>2</sup>	x	x	Apply 1 pump to face and neck.
13	UltraLuxe 9 / 9oc	x	x	Gently massage 1-2 pumps (as needed), onto face. Massage into expression lines and wrinkles.
14	Youth!	x	x	Apply 1 pump onto face and neck.
15	Omega-3 Repair Complex	x	x	Apply 1/2 pump into hand and rub palms together. Press onto face and neck.
16	Hydrasoft Lotion/Cream	x	x	Apply 2 pumps to face & neck. Avoid eye area.
17	MicroVenom Day / Night Complex	x	x	AM & PM Apply to a cleansed area, ideal for normal to dry and combination skin of any age.
18	Bright Eyes	x	x	Gently massage 1/2 pump to eye area, carefully avoiding lash line.
19	Visualift Eye Cream / Oxygen Eye Cream	x	x	Gently massage 1/2 pump to eye area, carefully avoiding lash line.
20	MicroVenom EyeLift	x	x	AM & PM Apply to a cleansed area, ideal for normal to dry and combination skin of any age.
21	MV Face & Body SPF30	x		Apply liberally to exposed areas. Reapply as needed.
22	Neck Cream	x	x	Apply liberally to the neck and décolleté as needed during the day and before bedtime.
23	Hand Lightening-Firming Treatment	x	x	Apply liberally all over hands and forearms as needed during the day and before bedtime.
<b>As Needed</b>	Pore Minimizer	x		Apply to affected areas. Reapply as needed.
<b>As Needed</b>	Acne Fighter <sup>1,2</sup>	x	x	Using a cotton swab or fingertip, apply to affected areas.
<b>As Needed</b>	Drying Potion		x	Apply onto problem areas. Shake Drying Potion well and close cap tightly.
<b>2-3 Times Weekly</b>	Enzyme Peeling Cream <sup>3</sup>			Apply thin layer to clean and dry face, neck and décolleté. Allow to dry for 1-2 minutes. Rub off in gentle circular motions. Rinse with warm water. May follow with Mask.
<b>Use After Enzyme</b>	Any UltraLuxe Mask			Apply medium layer, leave on for 10-15 minutes. Rinse with warm water. (Apply UltraLuxe "Mask Booster" of Seaweed and Omega under Mask for maximum results)

## Recommended Products:

**1- ACNE FIGHTER** - Use very little, only when/where needed.

**2- CELLULAR PATCH CREAM, ACNE FIGHTER, RETINOL RENEWAL, COMPLEXION CORRECTOR\***

**3- ENZYME PEELING CREAM** - Use on days that you do not use the Triple Action Organic Scrub.

**4- COMPLEXION CORRECTOR** - Unless specified by Estheticians, use PM only EVERY OTHER NIGHT.

**5- FORMULA KEY** - M=Maintenance, S=Sensitive, C=Clear, D=Discoloration, R=Refine, UL=Ultraluxe

\*For optimum results MUST use with MV SPF30 **Note:** Should product enter eye and stinging occurs, simply rinse with cold water.

